# **Professional Speaking**

## brainSHIFT

### Starting & Scaling Your Speaking Business

Professional speaking is not a hobby or activity to feed your self-worth. Professional speaking is a business and revenue stream. You will spend more time on administrative tasks & travel than on stage.

#### Are you coachable?

#### Dr. Romie Real Talk about the speaking biz:

- 1. First & foremost: you are running a business (not a sidehustle or vanity hobby)
- 2. There is no fantasy sales-agent to book speaking gigs for you
- 3. You don't get paid to tell your personal story, but storytelling is a crucial skill that differentiates the content speakers from the outstanding speakers
- 4. Avoid using the phrase motivational, empowerment, inspirational...content is King & Queen.
- 5. Are you a road warrior? Do you have time in your business to travel? One speaking engagement requires 2-3 days of travel time.
- 6. Unless you are a celebrity/influencer you will not make high 5 figures or 6 figures per speaking event
- 7. Do you have time & money to invest in improving your skills & business in speaking?
- 8. Virtual presentations are much more than showing up for a zoom call.

#### How would you like to use speaking for your business?

- 1. Speaking at events to gain clients in your brick & mortar business (doctor, lawyer, healer, therapist, web developer, marketing agency that offers services)
- 2. Speak as a primary source of revenue/income

## What industries are you targeting? Where is your target audience?

- Speaking styles are different for corporations, associations vs public educational events, womens' conferences, local business groups.
- Edutainment versus direct marketing

Romie Mushtaq, MD, ABIHM 🔀 info@drromie.com

Dr.Romie

### Biz Assets Every Speaker Needs

#### 1-3 Keynote presentations

- Clear titles
- Descriptions (what's in it for the audience)
- Take-away points
- Graphic designer for slides & assets
- Edutainment above all else

#### Speaker one-sheet

- Bio
- Topics
- Testimonials
- Client list sample
- Media

# • Videos of you speaking on stage (and virtually)

- Entire video included
  - short & long keynote

#### • Professional website (not DIY)

- Includes speaking assets
- Testimonials
- Videos
- Client list
- Media
- Articles on your expertise
- Social proof
  - does your social media show proof of speaking? Are there pictures of you speaking on stages?
  - What is the proof of your expertise?



### Starting & Scaling Speaking Your Business



### brainWORK for Speakers

### 1. What broad topic areas do you speak about & is your authority/expertise?

Example: Dr. Romie is hired to speak on wellness, workplace health& wellness, stress management, mindfulness, women leaders.

Other key area examples: leadership, sales, women's leadership, DEI, healthcare, economics, politics, entrepreneurship.

2. My programs \_\_\_\_\_ for \_\_\_\_\_ in order to

Example: Our programs create a culture of wellness for your people to manage stress, improve mental well-being, & optimize performance. Our bottom line results boost team morale, reduce health insurance costs, & stop the revolving door by improving engagement with your mission.

### 3. What credentials, authority, experience, or expertise do you provide in this area?

Example: Dr. Romie is a triple board-certified physician, award-winning speaker, and the founder of brainSHIFT Institute. She also serves as Chief Wellness Officer for Evolution Hospitality, where she has successfully scaled a mindfulness & wellness program for over 7000 employees. Her programs bring together over 20 years of authority in neurology, integrative medicine, & mindfulness.

## 4. Who else has hired you on this topic, & what results did you deliver for them?

Example: Dr. Romie is hired by Fortune 500 companies, global organizations/associations, & professional athletes. Since the start of the global pandemic, over 300 teams/institutions have been introduced to brainSHIFT. Our Busy Brain Test results of over 17,000 adults showed....

# Are you ready to start speaking?

 Join the National Speaker's Association, sign up for the Speaker's academy, attend annual conference

#### • Hire a speaker coach for the following:

- structure of your keynote
- messaging
- storytelling
- business development/marketing

#### • Podcasts:

- Speakernomics
- Wealthy Speaker Podcast
- Speaker U Podcast

#### Books:

- Book More Business by Lois
  Creamer
- Presence by Amy Cuddy
- Resonate by Nancy Duarte

Romie Mushtaq, MD, ABIHM info@drromie.com



